

## An Interprofessional Comprehensive Course on Treating Tobacco Use Disorder

This introductory course will help learners to screen, assess and treat people with tobacco dependence using evidence-based pharmacotherapies and psycho-social interventions. Tools and techniques for enhancing motivation and facilitating cessation groups are also covered.

The TEACH Core Course curriculum follows the Canadian Network for Respiratory Care (CNRC) and Association for the Treatment of Tobacco Use and Dependence (ATTUD) competencies. To view the specific competencies, please visit the follow links:

- **CNRC:** <https://cnrchome.net/assets/cnrc-tobacco-education-competencies.pdf>
- **ATTUD:** <https://www.attud.org/assets/docs/Standards.pdf>

### Learning Objectives (workshop):

1. Provide tobacco use assessments
2. Use motivational interviewing with clients who are ambivalent about quitting
3. Develop a quit plan in collaboration with the client
4. Counsel clients by implementing evidence-based strategies for tobacco cessation
5. Discuss pharmacological interventions for tobacco cessation
6. Discuss how harm reduction applies to tobacco use

The learning objectives for the TEACH Core course are linked to the CanMEDS Physician Competency Framework recommended by the Royal College of Physicians and Surgeons of Canada ([https://canmeds.royalcollege.ca/uploads/en/framework/CanMEDS%202015%20Framework\\_EN\\_Reduced.pdf](https://canmeds.royalcollege.ca/uploads/en/framework/CanMEDS%202015%20Framework_EN_Reduced.pdf)).

See below to find out how the TEACH Core Course learning objectives relate to the specific roles outlined in the CanMEDS Physician Competency Framework. Note that these learning objectives reflect the content covered in the workshop.

| Item | TEACH Core Course - Learning Objectives   | CanMEDS Physician Competency Framework - Roles |
|------|---|--|
| A.   | Provide tobacco use assessments   | Professional, Communicator, Collaborator       |
| B.   | Use motivational interviewing with clients who are ambivalent about quitting    | Professional, Communicator, Scholar            |
| C.   | Develop a quit plan in collaboration with the client                            | Professional, Collaborator, Communicator       |
| D.   | Counsel clients by implementing evidence-based strategies for tobacco cessation | Professional, Communicator, Scholar            |
| E.   | Discuss pharmacological interventions for tobacco cessation                     | Professional, Communicator, Scholar            |
| F.   | Discuss how harm reduction applies to tobacco use                               | Scholar  |