

Resources

MOTIVATIONAL INTERVIEWING RESOURCES

Recommended resources

- Hohman, M. (2012) *Motivational Interviewing in Social Work Practice*. New York: The Guilford Press.
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- Miller, W.R. & Rollnick, S. (2009). Ten things that Motivational Interviewing is not. *Behavioural and Cognitive Psychotherapy*, 37, 129–140. journals.cambridge.org/action/displayAbstract?fromPage=online&aid=5318416
- Miller, W.R. & Rollnick, S. (2013). *Motivational Interviewing: Helping People Change 3rd Edition* New York: The Guilford Press.
- Rollnick, S., Miller, W.R., & Butler, C.C. (2008). *Motivational Interviewing in Health Care: Helping Patients Change Behavior*. New York: Guilford Press. First chapter and table of contents available: www.motivationalinterview.org
- Rollnick, S., Butler, C. C., Kinnersley, P., Gregory, J., Mash, B. (2010). Motivational Interviewing. *British Medical Journal*, 340, 1242-1245.
- Rosengren, D.B. (2009). *Building Motivational Interviewing Skills: A Practitioner Workbook*. New York: Guildford Press.

Useful websites

- Motivational Interviewing website:
www.motivationalinterview.org
- Motivational Interviewing Network of Trainers (MINT) website:
www.motivationalinterviewing.org
- Examples of Motivational Interviewing videos on YouTube:
www.youtube.com/user/teachproject#p/u

ADDITIONAL READINGS AND RESOURCES ON MI IN RESPIRATORY CARE

- Amrhein, P., Miller, W., Yahne, C., Palmer, M. & Fulcher, L. (2003). Client commitment language during motivational interviewing predicts drug use outcomes. *Journal of Consulting and Clinical Psychology, 71*, 862–878.
- Anstiss, T. (2009). Motivational Interviewing in primary care. *Journal of Clinical Psychology in Medical Settings, 16*, 87–93.
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- Borrelli, B., Riekert, K.A., Weinstein, A. & Rathier, L. (2007). Brief motivational interviewing as a clinical strategy to promote asthma medication adherence. *Journal of Allergy and Clinical Immunology, 120*(5), 1023–1030.
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- Erickson, S.J., Gerstle, M. & Feldstein, S.W. (2005). Brief interventions and motivational interviewing with children, adolescents, and their parents in pediatric health care settings: a review. *Archives of Pediatrics and Adolescent Medicine, 159*(12), 1173–180.
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- Lundahl, B. & Burke, B.L. (2009). The effectiveness and applicability of motivational interviewing: A practice-friendly review of four meta-analyses. *Journal of Clinical Psychology*, 65(11), 1232–1245.
- Lundahl, B.W., Kunz, C., Brownell, C., Tollefson, D. & Burke, B.L. (2010). A meta-analysis of motivation interviewing: Twenty-five years of empirical studies. *Research on Social Work Practice*, 20(2), 137–160.
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