**STOP in LTC Homes/INTREPID Teleconference: Monday, September 9, 1:00-2:00 pm**

# Land Acknowledgment:

* Identify the land you are joining us from today ([**https://www.whose.land/en/**](https://www.whose.land/en/))
* Video: [Bringing meaning and purpose to land acknowledgements](https://www.facebook.com/CentreforAddictionandMentalHealth/videos/bringing-meaning-and-purpose-to-land-acknowledgements/759567845184040/)

**General Reminders:**

**New staff at LTCH:**

* New staff, or staff reassigned to manage the NRT, should reach out to me to attend the Operations Training.

**STOP Program Evaluation:**

* For those organizations having reached about 6 or 7 months since first ordering NRT, you will be contacted to help us with our STOP Program Evaluation. This evaluation is very important for us as we have few other measures to evaluation the success or any barriers to the program.
	+ All contacts will receive a very short survey to complete with a request to also share with any others in the LTCH (i.e. staff working directly with residents on NRT)
	+ Some LTCHs may also be contacted for a more in depth interview (about 30 minutes). We would like to speak to both the main person responsible for the program, but also at least one frontline staff (RPN or PSW) that works with the resident. There is a small remuneration provided as a thank you.

# STOP/INTREPID Updates:

# INTREPID Lab website name change – intrepidlab.ca

# Implementer Resources new URL: <https://intrepidlab.ca/en/stop/ltc-implementer-resources>

* [**Newsletter Volume 3**](https://camh.cmail20.com/t/y-e-myhtlo-dklyjkfn-yh/)
	+ [Sign up to receive our bi-annual newsletter](https://urldefense.com/v3/__https%3A/confirmsubscription.com/h/y/5901866DB84AF1E0__;!!FxkXuJIC!fnEpMnfAKzG-y5nmwU9mplinVNDs8sXAvOMbMXFknOUf5rDM7Kqq0GtR2aiIzLXWbGa0YLpqanwnT50k5rUxALw$)
* Visit our website to learn about INTREPID Lab updates: [www.intrepidlab.ca](http://www.intrepidlab.ca/)
	+ To learn more about research studies that are currently recruiting new participants, visit this page: <https://www.nicotinedependenceclinic.com/en/Pages/Patient-Research.aspx>

# Mouth Spray - current supply will be expiring end of February.

# Are there barriers to why this product is not being ordered as frequently as other products? Can STOP assist in any training for using this product?

# Please find attached a one-pager about NRT options and how to use (from the Geriatrics Considerations training).

# STOP will continue to promote the presence of mouth spray as an offering for the LTC program. However, only the one flavour is available.

# NRT FAQs – from the FTI course

# Please share these FAQs with prescribers

# Information is part of the [Geriatrics Considerations (1 hour) training](https://edc.camhx.ca/redcap/surveys/?s=NAJWLMMDK79CPPEM)

# TEACH updates:

* **Cytisine for Tobacco Cessation: New Opportunities for an Old Drug (Roberta Ferrence lecture series)**
	+ Wednesday, September 25 @12:00-1:00 pm EST
	+ Presented by Nancy Rigotti
	+ Register [here](https://edc.camhx.ca/redcap/surveys/?s=9TYE84EHE3MCXFF4)

* [Self-study courses](https://teach.camhx.ca/moodle/)
* TEACH offers a selection of additional modules focused on specific populations or topics (e.g., tobacco interventions with: youth and young adults; cannabis; cancer care settings)

**For any questions about the above TEACH courses, workshops, and Educational Rounds, please reach out to** **teach@camh.ca**

(all past recordings can be found on the [TEACH Project’s YouTube channel](https://www.youtube.com/playlist?list=PLmLKlp1R6077gOXIyxwToXAZbVrG7GnZx&si=qFcnoYjnQF6h7e6m))

General Q&A or Comments:

* Some LTC homes are closing and transferring residents to a new home. If the new home is not currently offering the STOP program, please connect CAMH with the new home so that the engagement process can begin in order to support the residents as soon as they move.
* STOP is planning a Q&A with a geriatric psychiatrist from CAMH, most likely in early 2025. Please keep an eye out for more information.

News:

* <https://www.cbc.ca/news/canada/london/london-choir-explores-alzheimer-s-disease-through-music-in-a-performance-saturday-1.7218063>
* [The Current with Matt Galloway - June 18, 2024: The pipe that failed in Calgary; cleaning up cigarette butts; great white shark comeback; and changing how we think about aging](https://www.cbc.ca/listen/live-radio/1-63-the-current/clip/16075676-the-pipe-failed-calgary-cleaning-cigarette-butts-great)
	+ ***Cigarette butt segment: 22:00-37:30***

# [If Your Family Moved a Lot as a Kid, We Have Bad News About Your Mental Health](https://futurism.com/neoscope/moving-repeatedly-childhood-mental-health)

# [Changing Neighborhood Income Deprivation Over Time, Moving in Childhood, and Adult Risk of Depression | Health Inequities | JAMA Psychiatry | JAMA Network](https://jamanetwork.com/journals/jamapsychiatry/fullarticle/2821272)

Fun stories:

# [African elephants have individual name-like calls for each other, similar to human names, study finds](https://www.cbsnews.com/news/african-elephants-names-study/?ftag=YHF4eb9d17)

### Resources:

**STOP Practitioner Resources Webpage**:

[**https://intrepidlab.ca/en/stop/ltc-implementer-resources**](https://intrepidlab.ca/en/stop/ltc-implementer-resources)

# 2023-24 teleconference schedule:

|  |  |  |  |
| --- | --- | --- | --- |
| **~~September 9 (new link)~~** | October 7 | November 4 | December 9 |
| January 6 | February 10 | March 3 | April 7 |

# Attendance

# Banwell Gardens

# Baycrest

# Elmgrove

# Fairfield Park Nursing Home

# Lanark Lodge