**STOP in LTC Homes/INTREPID Teleconference: Monday, April 7, 1:00-2:00 pm**

# Land Acknowledgment:

* Identify the land you are joining us from today ([**https://www.whose.land/en/**](https://www.whose.land/en/))
* Video: [Bringing meaning and purpose to land acknowledgements](https://www.facebook.com/CentreforAddictionandMentalHealth/videos/bringing-meaning-and-purpose-to-land-acknowledgements/759567845184040/)

**General Reminders:**

**New staff at LTCH:**

* New staff, or staff reassigned to manage the NRT, should reach out to me to attend the Operations Training.

**STOP Program Evaluation:**

* For those organizations having reached about 6 or 7 months since first ordering NRT, you will be contacted to help us with our STOP Program Evaluation. This evaluation is very important for us as we have few other measures to evaluation the success or any barriers to the program.

# STOP/INTREPID Updates:

# STOP on the NET Updates

# Program Update (NOW LIVE) – In an effort to expand our reach and connect more people to care, and based on analyses of the program, we have made the following changes to SOTN:

# New NRT kits:

* + **Combination Kit:** Includes 6 boxes of NRT patches and 3 boxes of NRT gum **OR** lozenges
	+ **NRT Patch Kit *(new)*:** Includes 6 boxes of NRT patches (*ideal for individuals who prefer not to use short-acting NRT)*
	+ **Short-acting Kit *(new)***: includes 6 boxes of NRT gum **OR** 5 boxes of NRT lozenges *(only provided to individuals who are deemed ineligible to use NRT patches, or have experienced an adverse reaction or difficulty using the NRT patch)*
		- All NRT kits provided through STOP on the Net will include enough medication for **6 weeks of treatment.**
* New option to complete an assessment to help determine suitability for using prescription smoking cessation medications (varenicline and/or bupropion) which can be obtained through their healthcare provider, if participant has not quit smoking while using NRT.
* Option to enroll in a mobile phone program (E-Squared) for vaping cessation, for those who have quit smoking at 6-month follow-up and are now interested in quitting vaping
* 2 follow-up surveys conducted by STOP on the Net via email, phone and/or text message at 8 weeks and 6 months after joining the program.

# To join STOP on the Net, visit <https://intrepidlab.ca/en/stop/stop-on-the-net>

# TEACH updates:

### Join T​EACH's Li​stserv​

The **TEACH Listserv** is a way for you to network and share information around cessation counselling. Join over 800 health care providers in sharin​​g and discussing current events, cutting edge research, and the latest changes in the health field!​​

If you are interested in subscribing, please have a read through of our [TEACH ​Listserv Guidelines](https://intrepidlab.ca/en/teach/PublishingImages/Pages/TEACH-Connect/TEACH%20CoP%20Listserv%20Guidelines.pdf).​

To subscribe, simply send an email from your preferred e-mail address to: teach-request@info2.camh.net and write 'subscribe' in the subject line of your e-mail.​

You will receive a message confirming your subscription, as well as instructions on how to post or unsubscribe - it's fast and easy!​​​

**Please email** **teach@camh.ca** **to join the regular mailing list**

* [Self-study courses](https://teach.camhx.ca/moodle/)
* TEACH offers a selection of additional modules focused on specific populations or topics (e.g., tobacco interventions with: youth and young adults; cannabis; cancer care settings)

**For any questions about the above TEACH courses, workshops, and Educational Rounds, please reach out to** **teach@camh.ca**

(all past recordings can be found on the [TEACH Project’s YouTube channel](https://www.youtube.com/playlist?list=PLmLKlp1R6077gOXIyxwToXAZbVrG7GnZx&si=qFcnoYjnQF6h7e6m))

General Q&A or Comments:

# Attending the BSO Geriatric Rounds

# For those interested in joining the Geriatric Addiction Rounds, please email Marilyn-White Campbell at MWhite-Campbell@baycrest.org or Sarah Haasen at shaasen@cmhaww.ca

# STOP/NRT policies at LTC homes – Do any homes/organizations have a policy for how the STOP Program operates at their sites?

# As CAMH does not offer the LTC program at its clinic, there is no Standard Operating Procedure (SOP) or medical directive for this program.

# Baycrest is interested in offering the program, but would like to know if any other organizations have an SOP or policy written on how the program rolls out (i.e. how residents are supported, where NRT is stored).

# Guidance for a medical directive can be found on the Hastings Prince Edward PH site (<https://hpepublichealth.ca/wp-content/uploads/2019/11/Nicotine-Replacement-Therapy-Medical-Directive-Oct-7-2019.pdf> )

# How can we make these Community of Practice meetings more helpful to our STOP in LTC implementers?

# Community of Practice meetings will pause for summer and resume in Fall on a quarterly basis.

# STOP has created a [brief survey](https://edc.camhx.ca/redcap/surveys/?s=YMHAE7RCCKRFPCF9) to see if there are other times that would be more suitable to a plurality of the community of practice

# Please share what would be helpful in terms of these sessions and whether 30 minutes would be more preferable

# Note: The STOP team is available for support on an ongoing basis for any level of support and can confer with the clinical team at CAMH if necessary

News:

<https://www.cbc.ca/listen/live-radio/1-63-the-current/clip/16136478-whats-dementia-this-care-centre-teach> <https://www.cbc.ca/listen/live-radio/1-63-the-current/clip/16136478-whats-dementia-this-care-centre-teach>

<https://everythingzoomer.com/health/2025/02/14/how-food-can-be-used-to-support-people-living-with-dementia/?utm_source=EZ-Wellness&utm_medium=Email&utm_campaign=ZOOMER250325014_20250325&oly_enc_id=2793B4356067I6W>

### Resources:

**STOP Practitioner Resources Webpage**:

[**https://intrepidlab.ca/en/stop/ltc-implementer-resources**](https://intrepidlab.ca/en/stop/ltc-implementer-resources)

# 2025 Teleconference schedule:

|  |  |  |  |
| --- | --- | --- | --- |
| ~~January 27 (Q&A with Dr. Aviva Rostas)~~ | ~~February 10~~ | ~~March 3~~ | April 7 |
| TBD | TBD | Tbd | Tbd  |

# Attendance

# Baycrest

# Elm Grove

# Fairview

# Fudger House

# Henley Place

# Mount Hope (St. Joseph’s London)

# Niagara Region

# West Park