**STOP in LTC Homes/INTREPID Teleconference: Monday, November 4, 1:00-2:00 pm**

# Land Acknowledgment:

* Identify the land you are joining us from today ([**https://www.whose.land/en/**](https://www.whose.land/en/))
* Video: [Bringing meaning and purpose to land acknowledgements](https://www.facebook.com/CentreforAddictionandMentalHealth/videos/bringing-meaning-and-purpose-to-land-acknowledgements/759567845184040/)

**General Reminders:**

**New staff at LTCH:**

* New staff, or staff reassigned to manage the NRT, should reach out to me to attend the Operations Training.

**STOP Program Evaluation:**

* For those organizations having reached about 6 or 7 months since first ordering NRT, you will be contacted to help us with our STOP Program Evaluation. This evaluation is very important for us as we have few other measures to evaluation the success or any barriers to the program.

**Mouth Spray:**

# Current supply of mouth spray will be expiring at the end of February. Please order now if you are interested in the spray, or STOP will be diverting the stock to another program.

* + Two LTC Homes need Nicotine Mouth Spray
		- A reminder to all LTC homes to order mouth spray as potential Canada Post Strike happening soon!

**Teleconference Minutes:**

* October and November Teleconference minutes to add in [STOP LTC Implementer Resources page](https://intrepidlab.ca/en/stop/ltc-implementer-resources).

# STOP/INTREPID Updates:

# Clinical Q&A with a CAMH Nicotine Dependence Clinician, Dr. Osnat Melamed, this Wednesday, November 6 from 1 to 2 p.m. Link for the session is: [https://camh.webex.com/camh/j.php?MTID=mc4605326350fc582c07876c20645d918](https://urldefense.com/v3/__https%3A/camh.webex.com/camh/j.php?MTID=mc4605326350fc582c07876c20645d918__;!!FxkXuJIC!ZPfb0HkRwCbIXxvkyWlLNvWLHciuiz-ltwCiDCaanX_wtSO7dDg5KTKfu-WKSSXVwl0FqBunxZDpAMLEzHEgGw$)

# STOP in LTC Q&A with a Geriatric Psychiatrist, Dr. Aviva Rostas, Monday January 27. Please share with any team members who may be interested and mark your calendars.

# If unable to attend, but have clinical questions, please send in advance. This session will be recorded.

# This will take the place of the January and February Community of Practice meetings. We will be sharing a poster soon. Please share around to all who may be interested.

# TEACH updates:

### Join T​EACH's Li​stserv​

The **TEACH Listserv** is a way for you to network and share information around cessation counselling. Join over 800 health care providers in sharin​​g and discussing current events, cutting edge research, and the latest changes in the health field!​​

If you are interested in subscribing, please have a read through of our [TEACH ​Listserv Guidelines](https://intrepidlab.ca/en/teach/PublishingImages/Pages/TEACH-Connect/TEACH%20CoP%20Listserv%20Guidelines.pdf).​

To subscribe, simply send an email from your preferred e-mail address to: teach-request@info2.camh.net and write 'subscribe' in the subject line of your e-mail.​

You will receive a message confirming your subscription, as well as instructions on how to post or unsubscribe - it's fast and easy!​​​

**Please email** **teach@camh.ca** **to join the regular mailing list**

# TEACH Specialty Course: Tobacco Interventions for Clients with Mental Illness and/or Substance Use Disorders

# November 6 to December 11 (13 hours)

# TEACH is accepting late registrations for this course

# Click [here to register.](https://teach.camhx.ca/moodle/course/view.php?id=130)

* **Vaping Q&A 3.0**
	+ Wednesday, November 13 @12:00-1:00 pm EST
	+ Presented by Dr. Peter Selby and Dr. Milan Khara
	+ Register [here](https://intrepidlab.ca/en/teach/Pages/TEACH-Webinars.aspx)
* **Womenmind Project Update**
	+ Wednesday, December 4 @12:00-1:00 pm EST
	+ Presented by Dr. Osnat Melamed MD
	+ Register [here](https://intrepidlab.ca/en/teach/Pages/TEACH-Webinars.aspx)

* [Self-study courses](https://teach.camhx.ca/moodle/)
* TEACH offers a selection of additional modules focused on specific populations or topics (e.g., tobacco interventions with: youth and young adults; cannabis; cancer care settings)

**For any questions about the above TEACH courses, workshops, and Educational Rounds, please reach out to** **teach@camh.ca**

(all past recordings can be found on the [TEACH Project’s YouTube channel](https://www.youtube.com/playlist?list=PLmLKlp1R6077gOXIyxwToXAZbVrG7GnZx&si=qFcnoYjnQF6h7e6m))

General Q&A or Comments:

* + Please send quotes from LTC client who are successful with the STOP LTC Program. Send it to stop.ltc@camh.ca so we can share with the team.

News:

Smoking Habits Following Cancer Diagnosis and Heart Failure:

<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2824537?utm_source=twitter&utm_campaign=content-shareicons&utm_content=article_engagement&utm_medium=social&utm_term=101224>

Gambling Poses Huge Global Threat to Public Health:

[https://www.theguardian.com/society/2024/oct/24/gambling-poses-huge-global-threat-to-public-health-experts-warn-lancet-commission?CMP=Share\_AndroidApp\_Other](https://urldefense.com/v3/__https%3A/www.theguardian.com/society/2024/oct/24/gambling-poses-huge-global-threat-to-public-health-experts-warn-lancet-commission?CMP=Share_AndroidApp_Other__;!!FxkXuJIC!bNz2Rudw3jugjHEbqxbSaTK3gIR5XwoHJzvC-_lXRWFxXiPdEiX8i08D9KaiF5FYteh9ffXDINZ8U7SUCw$)

# Participant from a Family Health Team quote:

*It took me months to finally quit smoking after I started the program, but I'm approaching 7 months now, and sincerely believe I couldn't/wouldn't have been able to quit without it.*

*I've been so fortunate to access the additional products you recently made available, which has been an incredible relief.*

*Thank you, for everything! I'm so grateful for it all.*

### Resources:

**STOP Practitioner Resources Webpage**:

[**https://intrepidlab.ca/en/stop/ltc-implementer-resources**](https://intrepidlab.ca/en/stop/ltc-implementer-resources)

# 2023-24 teleconference schedule:

|  |  |  |  |
| --- | --- | --- | --- |
| **~~September 9 (new link)~~** | ~~October 7~~ | November 4 | December 9 |
| January 27 (Q&A with Dr. Aviva Rostas) | ~~February 10~~ | March 3 | April 7 |

# Attendance

* Cummer Lodge
* Elm Grove Living Centre
* Hawthorne Place Centre
* Wellesley Central Place